



Life at Lambley

Be ready, respectful and resilient

Tuesday 7th June 2022

Values Newsletter 10

"It's not just about resources; it's about resourcefulness."

- Anthony Robbins -

Dear Parents/Carers,

Our value for the month of June is being **RESOURCEFUL**.

To be resourceful is to have the ability to find quick and clever ways to overcome difficulties.

It is about having inner resources and using our imagination! It is often said that people who are resourceful are more capable of dealing with difficult situations.

As we learn new things in school (and in life), we often have to overcome difficulties. We have to have the self-assurance to look within, draw on what we already know and bravely step forward into the challenge. This is easier said than done on occasions but we do know that it is this first step forward that allows us to overcome the difficulties we face.

Researchers have looked into the importance of being resourceful in school age children. Their results again show how important this value is. Indeed, they found that resourceful children, are not only better at achieving their goals, but also respond better under stress.

Not only this, but resourcefulness also improves other key values that we need in life. Indeed, resourcefulness has also been found to link to happiness, sociability, resilience, creativity and self-awareness. Another group of very important values that we want the children to understand and embrace.

To support our work at school, it would be great if you could discuss it with them at home. To carefully explain to them, not only the meaning of being resourceful, but what it actually looks like in real life and how they can show it in school every day.

With very best wishes,

The Lambley Team

We believe that safeguarding children is everyone's responsibility.

At Lambley we are committed to keeping our children safe from harm. Lee Christopher, Rebecca Shardlow and Jennifer Swinburne have responsibility for safeguarding & child protection. If we have any concerns reported to us we will always take action to protect a child and inform the relevant agencies.