



WINTER 2021/22

MENU WEEK 1

WEEK COMMENCING

17 January, 7 February,
20 February, 21 March



MONDAY



Margherita pizza
& roast potatoes
crunchy vegetables

Milk Gluten

TUESDAY



Porkies in gravy
mashed potatoes
carrots & cauliflower

Soya Gluten

WEDNESDAY



Mediterranean tagliatelle
crusty bread
carrot & cucumber sticks

Milk Gluten Sesame

THURSDAY



Roast beef & gravy
Yorkshire pudding, roast
potatoes, carrot & swede
mash & cabbage

Milk Egg Gluten

FRIDAY



MSC fish fingers, tomato
ketchup, diced potatoes
peas & sweetcorn

Gluten Fish

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad & coleslaw

Milk Egg Fish

OR



BBQ chicken tortilla wrap
pommes noisette
mixed salad

Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

OR



Meatball Marinara
sub roll
carrot & cucumber sticks

Milk Gluten

OR



Tortilla wrap with cheese
salad, ham salad or
tuna mayonnaise, diced
potatoes & mixed salad

Milk Egg Gluten Fish

DESSERT



Spiced carrot cake
& custard

Egg Milk Gluten Sulphur Dioxide

DESSERT



Fruit in jelly

DESSERT



Crispy jam tart
& custard

Milk Gluten Sulphur Dioxide

DESSERT



Honey & oatmeal cookie

Gluten

DESSERT



Pears with hot chocolate
sauce & shortbread finger

Milk Gluten

OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



AVAILABLE DAILY: Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. Vegetarian meals available upon request



WINTER 2021/22

MENU WEEK 2

WEEK COMMENCING

3 January, 24 January
14 February, 7 March
28 March

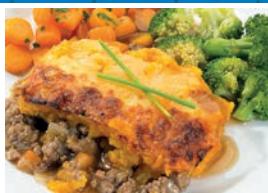


MONDAY



Pasta Neapolitan
crusty bread
sweetcorn & coleslaw
Gluten Milk Sulphur Dioxide Sesame Egg

TUESDAY



Cheesy topped cottage
pie & gravy
carrots & cabbage
Milk Fish

WEDNESDAY



BBQ turkey wrap
seasoned wedges
coleslaw & cucumber sticks
Egg Gluten

THURSDAY



Roast gammon & gravy
Yorkshire pudding, roast
potatoes, carrots & honey
roast parsnips
Milk Egg Gluten

FRIDAY



MSC Fish portion
tomato ketchup, oven chips
peas & sweetcorn
Gluten Fish

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad & coleslaw

Milk Egg Fish

OR



Meatball Marinara
sub roll
carrot & cucumber sticks
Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad & coleslaw
Milk Egg Fish

OR



Tortilla wrap with cheese
salad, ham salad or tuna
mayonnaise, carrot &
cucumber sticks
Milk Egg Gluten Fish

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad & coleslaw
Milk Egg Fish

DESSERT



Fruit flapjack

Gluten



Butterscotch tart

Milk Gluten

DESSERT



Ginger sponge
& custard

Egg Milk Gluten

DESSERT



Frozen yogurt
& raspberry puree

Milk

DESSERT



Chocolate & orange
muffin

Egg Gluten

OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad





WINTER 2021/22

MENU WEEK 3

WEEK COMMENCING

10 January, 31 January

21 February, 14 March



MONDAY



Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

TUESDAY



Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips &
sliced carrots

Gluten Sulphur Dioxide Milk Egg

OR



BBQ chicken tortilla wrap
new potatoes
mixed salad

Gluten

WEDNESDAY



Cheesy tomato pasta
crusty bread
mixed salad & coleslaw

Milk Gluten Sesame Egg

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

THURSDAY



Roast pork, stuffing & gravy
Yorkshire pudding
roast potatoes
cabbage,
carrot & swede mash

Milk Egg Gluten

OR



Ham & cheese hot sub roll
carrot & cucumber sticks

Milk Gluten

FRIDAY



MSC fish cake,
tomato ketchup,
roast new potatoes
garden peas
& sweetcorn

Gluten Fish

OR



Tortilla wrap with cheese
salad, ham salad or tuna
mayonnaise, carrot &
cucumber sticks

Milk Egg Gluten Fish

DESSERT



Apple & plum crumble
& custard

Milk Gluten

DESSERT



Milk Sulphur Dioxide

DESSERT



Milk

DESSERT



Chocolate brownie

Gluten

DESSERT



Cornflake tart
& Custard

Milk Gluten Sulphur Dioxide

OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



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