## Tuesday 4<sup>th</sup> January 2022

Values Newsletter 5

"Empathy is a quality of character that can change the world."

Barack Obama

Dear Parents/Carers,

Our value for the month of January is EMPATHY.

Empathy is the ability to understand other people's feelings and connect with them. It has been said that empathy is a beacon of hope in our divided world.

We want to teach our children about the importance of empathy. We want all at Lambley to see that it is important to understand how other people feel and how our actions can make them feel. Through a deeper understanding of this concept, we aim to create a greater togetherness at Lambley.

As this may be a new word or concept for some of our children to understand, it would be great if you could discuss it with them. To carefully explain to them, not only the meaning of empathy, but what it actually looks like in real life. We also encourage you to use reading as a way of discussing empathy. As the author Malorie Blackman once said, "Reading allows us to view the world – and ourselves – through another's eyes and to walk in their shoes for a while, developing understanding. This is the very essence of connecting and communicating with others."

I firmly believe that together, we can develop the personal qualities we all wish for the children: qualities that will help them long after they have left Lambley.

With very best wishes,

The Lambley Team