

# Curriculum Vision Statement: RSE and PSHE

At Lambley, we value and nurture every child as an individual; as someone who's uniqueness, interests and passions are supported and celebrated. We are a family who learn together, care for one another and make the most of every opportunity. Through our positive attitude, our growing confidence and determination to do our best, all children thrive and are ready to make their mark on the world. We are proud to say that when children leave us, they are ready for 'Life beyond Lambley.'

## **Intent: what extent does our curriculum set out the knowledge and skills that pupils will gain?**

At Lambley Primary School we aim to provide all our pupils with the initial building blocks necessary to embrace the challenges of a happy and successful adult life. Our PSHE and RSE Curriculum sets out to provide pupils with the invaluable knowledge that will help them to make informed decisions about their wellbeing and teach them the fundamental characteristics of healthy relationships.

Relationships and sex education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in science and others are taught as part of personal, social, health and economic education (PSHE).

## **Implementation: How is our curriculum taught and assessed in order to support pupils to build their knowledge and apply it?**

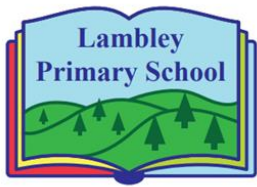
Our PSHE and RSE Curriculum differs between Key Stage One and Key Stage Two. In KS1 our curriculum focuses on Relationships Education, exploring topics like the many relationships the children have and how to identify a healthy one. In KS2 the curriculum continues with Relationship Education but in Upper KS2 (Year 5 and 6) the curriculum then includes Sex Education. Through this the pupils are taught about love, the different kinds of families and relationships, puberty, sexual feelings, changing body image and sexual intercourse. Please see our PSHE and RSE Long Term Planning for a breakdown of each year group's learning.

In our PSHE curriculum we have a strong focus on mindfulness and understanding and caring for our mental health. This focus is continued throughout school through our Yoga Sessions, Mindful Breathing and weekly Mindfulness reflection time. It is our aim that all children know the importance of looking after our mental health and have been taught healthy and manageable ways to look after their own.

We recognise that all classes have children of widely differing abilities, and so we provide suitable learning opportunities for all children by matching the challenge of the task to the ability and experience of the child. We achieve this in a variety of ways, by;

- Setting common tasks which are open-ended and can have a variety of responses
- Setting tasks of increasing difficulty, evidenced in planning through differentiation and expected outcomes
- Providing resources of different complexity which are suitable for the ability of the child
- Providing appropriate adult support to scaffold learning and to aid the work of the individual or group.

Teachers assess children against clear learning objectives and success criteria. Children are encouraged to self and peer assess at the end of each lesson and evidence of this can be found in their PSHE and science books. The subject leader is responsible for monitoring attainment and progress of pupils and the quality of the teaching in Relationships and Sex Education. The outcomes



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of which are collated in the subject leadership folder and fed back to staff at an appropriate time. The PSHE and RSE leader is also responsible for supporting colleagues in the teaching and learning of

Relationships and Sex Education, for keeping colleagues informed about current developments in the subject, and for providing a strategic lead and direction for the subject in school.

### **Reading across the curriculum:**

Both KS1 and KS2 teach a weekly RSE and PSHE session which covers all objectives throughout the year. Each lesson is text led, this means we have a fiction or non-fiction text each lesson that leads our discussions and supports our learning. All texts are age appropriate and deepen our understanding for the given objective.

### **Impact: As a result of our curriculum, what have our pupils achieved?**

We are proud at Lambley to confidently say that through our PSHE and RSE Curriculum our children learn how to develop and maintain healthy relationships with their peers based on our Lambley value of respect.

Through our PSHE and RSE curriculum, we have been able to develop the children's understanding of their own feelings, relationships and emotions and those of their peers. Our Weekly Sessions allow the children to have open discussions, encouraging curiosity, independence and gaining a better knowledge of the world around them.

Our KS2 Pupils learn the curriculum based Sex Education Lessons in Summer Term and throughout their science units.

Through our Mindfulness activities and sessions children have a greater understanding of the ways they can look after their own mental health and assess their emotions.

Overall, our PSHE and RSE curriculum ensures that our children leave Lambley Primary school with the necessary tools they need to help them be emotionally and socially ready for their next steps and to be ready for life beyond Lambley.