



Life at Lambley

Be ready, respectful and resilient

Friday 1st October 2021

Values Newsletter 2

*"What you stay focused on will grow."
Roy T Bennett*

Dear Parents/Carers,

Our value for the month of October is **Staying Focused**.

To stay focused means to persist with the task at hand, to concentrate on one activity and putting in the hard work to get it done.

As you know, we have spent the last month talking to the children about being prepared and a natural follow-on from this is the value of focus. Once we are prepared for the activity, lesson or day ahead we then need to maintain this and focus on what we want to achieve.

Indeed, focusing on the desired outcome helps us to see a path through any obstacles. We build momentum, eliminate distraction, reduce stress and work with greater efficiency.

It has been suggested that focus is 'the gateway to all thinking.' That it supports our perception, memory, learning, reasoning, problem solving and decision-making. That if you can focus effectively, you think and achieve effectively.

In a world full of so much distraction, it seems a very important value for us all to 'focus' on. As such, we ask that you discuss it with you children at home. To carefully explain to them, not only the meaning of staying focused, but also how they can continue to show this in school and at home every day.

Thank you for your continued support and help with our key school values.

The Lambley Team

We believe that safeguarding children is everyone's responsibility.

At Lambley we are committed to keeping our children safe from harm. Lee Christopher, Rebecca Shardlow and Jennifer Swinburne have responsibility for safeguarding & child protection. If we have any concerns reported to us we will always take action to protect a child and inform the relevant agencies.