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Monday 4<sup>th</sup> November 2019

## 'Ready, Respectful & Resilient'

## **Values Newsletter**

Dear Parents/Carers,

Our focus value for the month of November is to be **OPTIMISTIC.** 

By definition someone who is optimistic is hopeful and confident about the future. In fact, having an optimistic outlook can change situations very much for the better.

We want to teach our children about the importance of optimism. We want our children to be positive about their achievements but to also understand that it is okay to make mistakes because that is how we learn. We want them to take encouragement from every situation even if things don't go exactly how they planned them. Indeed optimists do not expect everything to go right but are willing to keep on trying. Having a positive outlook and an appreciation that they will learn from their mistakes, will really help your child during their time at Lambley.

As this may be a new word or concept for some of our children to understand, it would be great if you could discuss it with them. To carefully explain to them, not only the meaning of optimism, but what it actually looks like in real life. This way, we can, together, develop the personal qualities we all wish for them.

I will finish with the words of Helen Keller, as they best explain the value of optimism. She once said, "Optimism is the faith that leads to achievement; nothing can be done without hope and confidence."

Wishing you all a very 'optimistic' month!

With very best wishes,

The Lambley Team