



Citizenship, PSHE & SRE Vision Statement

This document is a statement of the principles, aims, strategies and practices for the teaching and learning of Citizenship, Personal, Social and Health Education and Sex & Relationships Education at Lambley Primary School.

What is Personal, Social and Health Education and Citizenship?

Personal, social and health education and citizenship is a non-statutory subject within the National Curriculum. It is concerned with the knowledge, skills and understanding of the following:

Developing self confidence, responsibility and personal achievement

Preparing to play an active role as citizens of Britain and the world and understanding and respecting British Values

Developing a healthy & safe lifestyle

Developing good relationships and respecting the differences between people

Aims and Principles

We aim to provide a range of opportunities for children to develop themselves in a well balanced way beyond the academic and to move from childhood to adolescence with support and guidance to encourage both an awareness of others and the growth of responsible independence. Through this, children can develop the confidence, talents and skills, to become effective individuals, motivated learners and active citizens.

We want to prepare them for the future by encouraging the development of characteristics for life such as a love of learning, resilience, integrity, team work, critical thinking and independence. We want to prepare them for the world of work and support them in developing enterprise skills and financial awareness.

As a school we promote the use of 'Learning Powers' and a 'Growth Mindset' these principles and British Values underpin our PSHE curriculum. We also follow 'The Lambley Way' and this helps to promote our school values.

Curriculum planning

Curriculum provision for P.S.H.E. and Citizenship is provided through;

- Discrete PSHE curriculum time
- Sex and Relationships Education
- Wider Curriculum- teaching P.S.H.E. and Citizenship through and in other curriculum areas such as E-safety in Computing or Health as part of the Science curriculum

(identified on Medium Term Planning). Cross-curricular links are identified on the medium term planning

- Special Events, Workshops & Assemblies- through P.S.H.E and Citizenship activities and school events such as workshops, theme events and whole school assemblies
- Nurture group interventions and responding to incidents relating to social and emotional wellbeing

Progression and Continuity

To ensure progression and continuity P.S.H.E. and Citizenship themes are planned across the key stages to provide pupils with the opportunities to develop skills, knowledge & understanding and attitudes & values in a range of contexts. Many themes are revisited yearly to consolidate and extend previous knowledge and skills.

EYFS- During the foundation stage we encourage the development of skills, knowledge and understanding that help reception children make sense of their world as an integral part of the school's work (PSED). we relate the development of the children's knowledge and understanding of the world to the objectives set out in the Early Learning Goals. This learning forms the foundations for later work in P.S.H.E. and Citizenship.

Assessment procedures and Reporting to Parents

Assessment in P.S.H.E and Citizenship should not imply that children are failing as people or citizens. It should not be a judgment on the worth, personality or value of an individual child or their family.'

In P.S.H.E. and Citizenship there are two broad areas for assessment:

- Children's knowledge and understanding, for example, information on health, understanding of rules, understanding of health and safety procedures, and the meaning of ideas including democracy.
- How well children can use their knowledge and understanding in developing skills and attitudes, for example through participating in discussions, group tasks and activities, managing conflict, making decisions and promoting positive relationships.

Sex and Relationships Education Objectives

Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives. At Lambley Primary School, we believe that SRE should not be delivered in isolation. It should be firmly rooted within the citizenship national curriculum and our PSHE framework which lie at the heart of our policy to raise standards and expectations for all pupils.

We aim to help pupils develop the skills and understanding they need to live confident, healthy and independent lives. The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, helps young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood by preparing pupils for the opportunities, responsibilities and experiences of adult life.

What is Sex and relationships Education?

It is lifelong learning about physical, moral and emotional development.

It is not about the promotion of sexual orientation or sexual activity - this would be inappropriate teaching.

It has three main elements:

- attitudes and values
 - learning the importance of values and individual conscience and moral considerations;
 - learning the value of family life, marriage, and stable and loving relationships for the nurture of children
 - learning the value of respect, love and care;
 - exploring, considering and understanding moral dilemmas; and
 - developing critical thinking as part of decision-making.

- personal and social skills
 - learning to manage emotions and relationships confidently and sensitively;
 - developing self-respect and empathy for others;
 - learning to make choices based on an understanding of difference and with an absence of prejudice;
 - developing an appreciation of the consequences of choices made;
 - managing conflict; and
 - learning how to recognise and avoid exploitation and abuse.

- knowledge and understanding
 - learning and understanding physical development at appropriate stages;
 - understanding human sexuality, reproduction, emotions and relationships;

Planning & Resources

Any materials and resources we use in school as part of our SRE are in accordance with the PSHE framework and the law. We are committed to ensuring that pupils are protected from teaching and materials which are inappropriate, having regard to the age and cultural background of the pupils concerned. We also ensure that children are protected from accessing unsuitable materials on the Internet and have strict filtering systems in place. Children also learn about e-safety as part of their computing curriculum and this helps to further ensure they remain safe online both in and outside school.

The Lambley Primary School sex and relationship education programme is tailored to the age and the physical and emotional maturity of the children. In EYFS and KS1, SRE lessons focus on relationships teach about friendship, anti-bullying and the building of self-esteem. In KS2, it ensures that both boys and girls know about puberty and how a baby is born - as set out in the Key Stages 2 Science Curriculum. We aim to ensure that all children, including those who develop earlier than the average, learn about puberty before they experience the onset of physical changes.

Year 6 is an important transition year before moving to secondary school where pupils' on-going emotional and physical development needs to be effectively supported. We provide details to parents of Y6 pupils the content of what will be taught in SRE lessons, offering parents

support in talking to their children about sex and relationship education and how to link this with what is being taught in school.

By the end of y6, pupils will learn;

- about changes in the body related to puberty, such as periods and voice breaking;
- when these changes are likely to happen and what issues may cause young people anxiety and how they can deal with these; and
- how a baby is conceived and born

Parent Rights and Responsibilities

- Parents are the key people in teaching their children about sex, relationships and growing up.
- Many parents find it difficult to talk to their children about sex and relationships.
- Some parents need support in their role as sex educators and we can offer advice or point them in the right direction for further support.
- We work in partnership with parents, consulting them regularly on the content of sex and relationship education programmes and providing details of the content.
- Parents have the right to withdraw their children from all or part of the sex and relationship education provided at school except for those parts included in the statutory curriculum.